



### **About Team EXCEL**

Since 2006, Team EXCEL has been making a mark on the San Diego endurance sports arena. A division of Rehab United, Team EXCEL is an endurance race team competing primarily in the sports of triathlon, cycling, and running events. Team EXCEL is always welcoming new members to our team that share our passion for the mind, body and spirit as it applies to our sport.

The team strives to build a committed group of athletes focused on enjoying one another's company while fostering healthy competition and a healthy lifestyle through sport. While the team is primarily focused on the swim, bike, and run aspects of sport, we also maintain a healthy balance of social events and exploring life outside of triathlon. Team EXCEL and its sponsors are committed to assisting all members, from elites to beginners, with reaching their athletic goals through smart training methods, proper nutrition, and of course...quality gear!

### **Membership Benefits**

- The ability to train and compete in a supportive environment
- Special team workshops, social events, and educational events
- Team discounts at a variety of local and national suppliers
- Team support while racing and competing in the sports you love the most
- Discounts on Rehab United facility use, classes and coaching

### **Membership Requirements**

1. All Team EXCEL members are required to purchase a race suit for their given sport, and agree to wear the Team EXCEL gear a minimum of 2 local events during the 2008 race season. Thanks to our sponsors, this gear is substantially discounted from full retail value. Each member must list the 2 races that will be represented on the Team EXCEL application.
2. Every member of Team EXCEL will be required to assist with the Expo booth at one event during the 2008 season.
3. Team EXCEL members must comply with the Team EXCEL Code of Ethics
4. Memberships are valid for the 2008 Calendar year, and must be renewed on an annual basis

## Team E.X.C.E.L. Membership Application

All information is required. If you have questions regarding your application, please e-mail bryan@rehabunited.com or call 858-279-5570. If applicable, please feel free to attach a race resume to this application. **Once completed, please fax back to 858-279-5303**

Name: \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail address \_\_\_\_\_

Emergency Contact Information \_\_\_\_\_

**Sport (Please select all that apply)**

- Triathlon
- Cycling
- Running
- Swimming
- Other (Please List)

\_\_\_\_\_

Number of years racing: \_\_\_\_\_

**Planned 2008 Race Schedule- Race Name, Date, Location, Division Racing  
(Can be attached if necessary)**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

**Other Races (Please list below)**

\_\_\_\_\_

**Highest 3 placements in the last 2 years of racing. List Race Name, Year Completed, Overall Rank, Age Group Rank. Don't worry if you are new to the sport! Just check the appropriate box**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

This is my first race season!

**Which races in 2008 do you plan on representing/wearing your Team EXCEL gear?**

(Team members are required to wear your uniform at two local races)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

All my races!

**What event(s) would you like to help work the expo booth? (One local event required)**

- |  |                                   |                                 |                               |
|--|-----------------------------------|---------------------------------|-------------------------------|
| <input type="checkbox"/> La Jolla ½ Marathon               | <input type="checkbox"/> Saturday | <input type="checkbox"/> Sunday | <input type="checkbox"/> Both |
| <input type="checkbox"/> Encinitas Triathlon               | <input type="checkbox"/> Saturday | <input type="checkbox"/> Sunday | <input type="checkbox"/> Both |
| <input type="checkbox"/> Spring Sprint                     | <input type="checkbox"/> Saturday | <input type="checkbox"/> Sunday | <input type="checkbox"/> Both |
| <input type="checkbox"/> San Diego International Triathlon | <input type="checkbox"/> Saturday | <input type="checkbox"/> Sunday | <input type="checkbox"/> Both |
| <input type="checkbox"/> Solana Beach Triathlon            | <input type="checkbox"/> Saturday | <input type="checkbox"/> Sunday | <input type="checkbox"/> Both |
| <input type="checkbox"/> Imperial Beach Triathlon          | <input type="checkbox"/> Saturday | <input type="checkbox"/> Sunday | <input type="checkbox"/> Both |
| <input type="checkbox"/> Mission Bay Triathlon             | <input type="checkbox"/> Saturday | <input type="checkbox"/> Sunday | <input type="checkbox"/> Both |
| <input type="checkbox"/> CAF Triathlon Challenge           | <input type="checkbox"/> Saturday | <input type="checkbox"/> Sunday | <input type="checkbox"/> Both |
| <input type="checkbox"/> Silver Strand ½ Marathon          | <input type="checkbox"/> Saturday | <input type="checkbox"/> Sunday | <input type="checkbox"/> Both |

**Liability Release**

I understand, consent and agree that endurance sports are personal in nature and may result in injury. I further understand, consent and agree that I will not hold Rehab United, its officers, directors, members or its sponsors liable for any direct, incidental, consequential, or any other injury or damage resulting from my participation in any Team EXCEL related activity.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

*Please E-mail, Fax, or mail your application to the following:*

Team EXCEL Application  
C/O Rehab United  
3959 Ruffin Road, Suite F  
San Diego, CA 92123  
Fax: 858.279.5303  
[bryan@rehabunited.com](mailto:bryan@rehabunited.com)

**Once your application is received, full details will be sent to you regarding uniform order options, team discounts and other relevant information.**